

BE BEST

WELL-BEING

Well-being focuses on children's emotional, social, and physical health, all of which may be affected by the changes that result from the response to COVID-19

- The COVID-19 pandemic has led to an increase in anxiety, depression, loneliness, isolation, and fear for many Americans, including children
- Children need the support of healthy, caring adults who can help them understand the changes in the world around them as we begin to safely reopen our country
- Supporting the emotional well-being of all Americans during COVID-19 will help protect children from the effects of opioid addiction and overdose and from domestic violence, child abuse, and suicide
- The Trump Administration has increased resources to support mental health and well-being during this difficult time, recognizing that emotional and social well-being are as much of a priority as physical health and safety
- HHS and SAMHSA have released emergency grant funding to states, tribes, and territories for substance use disorder treatment, mental health services, and suicide prevention during the COVID-19 pandemic
- The Trump Administration has made child welfare a priority by providing guidance and best practices for remote or virtual court hearings in child welfare cases and supporting caseworkers by allowing videoconferencing for monthly visits
- Free and confidential help is always available through the Disaster Distress Helpline, National Suicide Prevention Lifeline, National Runaway Safeline, National Domestic Hotline, and National Human Trafficking Hotline



The Trump Administration is Ensuring Resources For Mental Health During COVID-19

Funding, Resources, and Guidance



\$110 MILLION

released by HHS and SAMHSA across the Nation in emergency grant funding to States, tribes and territories to provide Americans with substance use disorder treatment and mental health services during the COVID-19 pandemic



\$15 MILLION

sent by HHS and SAMHSA to 154 current Tribal Behavioral Health (TBH) grantees to address tribal needs related to mental health and substance use disorder crises during COVID-19



\$40 MILLION

funding opportunity announcement released by HHS and SAMHSA to prevent suicide during COVID-19; applications are due May 22



HOSPITAL GUIDANCE

HHS and SAMHSA provided information on how State Psychiatric Hospitals can help keep patients and healthcare staff safe during COVID-19



TECHNICAL TRAINING AND ASSISTANCE

SAMHSA has provided technical assistance and training webinars for implementing telehealth and how to use it for mental health services and substance use disorder services, including medication-assisted treatment



CRISIS CENTER GUIDANCE

SAMHSA provided guidance for Crisis Centers and clinicians who are managing treatment of alcohol or benzodiazepine withdrawal to help with medical needs of those experiencing these conditions



CRISIS COUNSELING SERVICE GRANTS

FEMA crisis counseling service grants have been made available to a total of 48 States and D.C. to support programs providing free, confidential counseling to residents struggling with stress and anxiety



SERVICE WITHOUT INTERRUPTION

SAMHSA issued guidance to ensure that substance use disorder treatment services are uninterrupted during this public health emergency

Emergency Hotlines

DISASTER DISTRESS HELPLINE

24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for those experiencing emotional distress:

CALL

1-800-985-5990

TEXT

TalkWithUs to 66746



NATIONAL SUICIDE PREVENTION LIFELINE

24/7, free and confidential support for people in distress who may be experiencing suicidal thoughts:

CALL

1-800-273-8255



The Trump Administration is Ensuring Resources for Child Welfare During COVID-19

Clearing the Way for Support Systems



\$390 MILLION

Over \$300M in enhanced Federal match for foster care, adoption, and guardianship services; \$45M in formula grants to support the child welfare needs of families; and \$45M to provider services for victims through using Family Violence Prevention and Services Act formula grants



HEARINGS GUIDANCE

Provided guidance and best practices for remote or virtual court hearings in child welfare cases



CASEWORKER SUPPORT

Issued policy changes to allow videoconferencing for monthly caseworker visits



PPE ACCESS

Letter urging governors to classify child welfare workers and service providers as level 1 emergency providers to allow greater access to personal protective equipment

Resources for the Vulnerable

THE NATIONAL RUNAWAY SAFELINE

24/7 hotline for runaway and homeless youth providing crisis intervention, information, and referrals, and other resources:

CALL

1-800-RUNAWAY
(1-800-786-2929)

ONLINE

1800runaway.org
and select "Chat Now"

THE NATIONAL DOMESTIC VIOLENCE HOTLINE

Open 24/7 to respond to calls, chats, and texts for anyone needing help:

CALL

1-800-799-7233 (SAFE)

TEXT

LOVEIS to 22522

Already responded to over 5,900 COVID-related interactions; \$2 million in supplemental funding

THE NATIONAL HUMAN TRAFFICKING HOTLINE

24/7, confidential, multilingual hotline for victims, survivors, and witnesses of human trafficking. The hotline can be reached:

CALL

1-888-373-7888

TEXT

HELP to 233733 (BEFREE)

EMAIL

help@humantraffickinghotline.org